

A Review of Current Issues and Experiences in Complementary Gynecological Oncology

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Introduction:

This talk comes to present some exciting topical trends emerging in the field of complementary oncology.

The impact of diet and primarily of sugar consumption on the development of cancer and its therapy as well as during the after-treatment are being discussed. Fasting as an addition to chemotherapy and its beneficial effect of diminishing adverse events are exemplified by the FIT study.

Moreover, additional complementary medical measures are suggested which focus on mindfulness-based meditation (MBSR) and sports/exercise.

Research published on PubMed is frequently discussing complementary medicine.